

# Atarax

**Atarax** - Atarax is used for treating anxiety, for sedation before and after general anesthesia, and to treat itching due to certain allergic conditions, including hives and contact dermatitis (e.g., poison ivy). It also may be used for other conditions as determined by your doctor.

## Contents

- 1 Drug name
- 2 Drug Uses
- 3 How Taken
- 4 Drug Class and Mechanism
- 5 Missed Dose
- 6 Storage
- 7 Warnings Precautions
- 8 Possible Side Effects
- 9 More Information
- 10 Site:

## Drug name

Atarax (Hydroxyzine)

## Drug Uses

Atarax is used for treating anxiety, for sedation before and after general anesthesia, and to treat itching due to certain allergic conditions, including hives and contact dermatitis (e.g., poison ivy). It also may be used for other conditions as determined by your doctor.

## How Taken

Use Atarax as directed by your doctor.

- Take Atarax by mouth with or without food. If stomach upset occurs, take with food to reduce stomach irritation.
- Swallow Atarax whole. Do not crush or chew before swallowing.
- Continue to take Atarax even if you feel well. Do not miss any doses. Taking Atarax at the same time each day will help you to remember to take it.

Ask your health care provider any questions you may have about how to use Atarax.

## Drug Class and Mechanism

Atarax is an antihistamine. It works by affecting the brain to reduce anxiety. It also has other activities, including opening breathing tubes, relieving pain or allergy symptoms, and preventing or treating nausea and vomiting caused by motion sickness.

## Missed Dose

If you miss a dose of Atarax, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once.

## Storage

Store Atarax between 59 and 77 degrees F (15 and 25 degrees C). Store away from heat, moisture, and light. Do not store in the bathroom. Keep Atarax out of the reach of children and away from pets.

## Warnings Precautions

Do not use Atarax if:

- you are allergic to any ingredient in Atarax;
- you are taking sodium oxybate (GHB);
- you are in your first 3 months of pregnancy.

Contact your doctor or health care provider right away if any of these apply to you. Some medical conditions may interact with Atarax . Tell your doctor or pharmacist if you have any medical conditions, especially if any of the following apply to you:

- if you are pregnant, planning to become pregnant, or are breast-feeding
- if you are taking any prescription or nonprescription medicine, herbal preparation, or dietary supplement
- if you have allergies to medicines, foods, or other substances
- if you have asthma, glaucoma, difficulty urinating, urinary or intestinal blockage, a prostate disease, or a blood disease
- if you drink alcoholic beverages

Some MEDICINES MAY INTERACT with Atarax . Tell your health care provider if you are taking any other medicines, especially any of the following:

- Sodium oxybate (GHB) because side effects such as an increase in sleep duration and slowed breathing may occur

## Possible Side Effects

All medicines may cause side effects, but many people have no, or minor, side effects. Check with your doctor if any of these most COMMON side effects persist or become bothersome:

- ◆ Drowsiness; dry mouth.

Seek medical attention right away if any of these SEVERE side effects occur:

- ◆ Severe allergic reactions (rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue); involuntary movements.

## More Information

Atarax may cause drowsiness. These effects may be worse if you take it with alcohol or certain medicines. Use Atarax with caution. Do not drive or perform other possibly unsafe tasks until you know how you react to it. Avoid drinking alcohol or using medicines that may cause drowsiness (eg, sleep aids, muscle relaxers) while you are using Atarax ; it may add to their effects. Ask your pharmacist if you have

questions about which medicines may cause drowsiness. The effectiveness of Atarax as anxiety treatment for longer than 4 months is not known. Use Atarax with caution in the ELDERLY; they may be more sensitive to its effects. Atarax should not be used in NEWBORNS; safety and effectiveness in newborns have not been confirmed. PREGNANCY and BREAST-FEEDING: Do not use Atarax if you are in your first 3 months of pregnancy. If you think you may be pregnant, contact your doctor right away. It is not known if Atarax is found in breast milk. Do not breast-feed while taking Atarax .

**Site:**

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